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## QUALIFICATIONS

- Clinical focus in Breast Cancer
- Board Certified in Naturopathic Oncology
- Over twenty years of experience in health care field
- N.D. in Naturopathic Medicine, B.S. in Medical Writing, B.A. in English

## EDUCATION

**Doctorate in Naturopathic Medicine**  
Bastyr University, 2002.

**Bachelor of Arts in English, German, and Biology, cum laude**  
Tufts University, 1990.

**Fellow**  
The American Board of Naturopathic Oncology, 2009.

## MEMBERSHIPS

- American Association of Naturopathic Physicians since 1997
- Washington Association of Naturopathic Physicians since 2003
- Oncology Association of Naturopathic Physicians since 2007

## BOARDS

Team Survivor Northwest 2014-2016

## PROFESSIONAL HISTORY

### PRINCIPAL PHYSICIAN

Laura James, ND, FABNO, PLLC, Bellevue, WA / January 2019 to present.

**MEDICAL DIRECTOR, OWNER, AND PRINCIPAL PHYSICIAN,**  
Red Cedar Wellness Center PLLC, Bellevue, WA / 2003-2018

### PRINCIPAL PHYSICIAN

Orion Sky Health and Wellness, Seattle, WA / 2016-2017

### ADJUNCT CLINICAL FACULTY

Bastyr Center for Natural Health, Seattle, WA / 2016 to present

### PRINCIPAL PHYSICIAN

Bellingham Natural Family Medicine, Bellingham, WA / 2009-2011

### PRINCIPAL PHYSICIAN

London Health Center, Inc, Ferndale, WA / 2007 -2009

### VARIOUS POSITIONS

in the healthcare field / 1990-2000

## PROFESSIONAL EXPERIENCE HIGHLIGHTS

- Clinician managing complex cases on a daily basis.
- Development of collaborative clinical relationships on the Eastside, in Seattle, and in Bellingham, WA.
- Currently managing clinical and administrative operations, technology and marketing efforts for small, self-created business.
- Developed Red Cedar Wellness Center into comprehensive integrative practice with naturopathic medicine, acupuncture, and massage therapy.
- Participated in NIH-funded Bastyr University/Fred Hutchinson Cancer Research Center Integrative Oncology outcomes study for women with breast cancer.
- Created workshop model based on Four Cornerstones; delivered in a variety of settings from one hour to four two-hour sessions.
- Certified in Complete Decongestive Therapy for patients with Lymphedema through the Klose Institute.
- Winner of 2015 Gralow Award for Outstanding Commitment to Team Survivor Northwest.

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## LECTURES AND ARTICLES

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### CURRENT

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Current speaking faculty for:

- Seattle Cancer Care Alliance
- Fred Hutchinson Cancer Research Center
- Bastyr University
- Evergreen Healthcare
- Overlake Hospital Medical Center
- Cancer Lifeline
- Team Survivor Northwest
- Harmony Hill
- Susan G. Komen Foundation

### PAST LECTURE TITLES

- *Integrative Approaches in Cancer Care*, Seattle Cancer Care Alliance's Northwest Melanoma Symposium, 2015.
- *Integrative Oncology Update* (CME), Fred Hutchinson Cancer Research Center, 2016 and 2017.
- *Lunch for the Cure Keynote Speech*, Susan G. Komen Foundation, 2016.
- *The Case for Integrative Care and Complementary Therapies*, Komen's Northwest Metastatic Breast Cancer Conference (NWMBCC), 2016.
- *Integrative Oncology and Changing the Biochemical Terrain*, NWMBCC, 2017.
- *Complementary Approaches to Management of Long-Term Treatment Effects* (CME), Fred Hutchinson Cancer Research Center, 2017.
- *Personalized Integrative Medicine for Breast Cancer*, NWMBCC, 2018.
- *Supplements and Cancer: An Integrative Approach*, Various.
- *Nutrition and Cancer: An Integrative Approach*, Various.
- *Integrative and Naturopathic Approaches to Wellness and Nutrition*, Various.

### ARTICLES

*"Stress Management Interventions and Breast Cancer,"* Naturopathic Doctor News and Review, May 2008.

*"Breast Cancer and Pregnancy: A Case Study,"* Naturopathic Doctor News and Review, September 2009.